The Treatment of Adult Hemiplegia Advanced Course

Extensive video and discussion of handling skills. Numerous variations of handling skill facilitation and patient treatment demonstrations. An exceptional resource to enhance your students clinical skills. Over 17 hours of video demonstrations. An unparalleled opportunity for student learning.

Handling Skills Manual and handouts
Extensive video of each handling skill
Numerous examples of variations in facilitation
Patient treatment demonstrations

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The Treatment of Adult Hemiplegia  Advanced Course

- Step-by-step manual is combined with instructional video demonstrating each handling skill.

- Numerous examples show variations in handling based on specific patient problems.

- Lecture and discussion clarify handling skills and how to make clinical decisions to determine techniques.

- Patient demonstrations provide clinical problem solving understanding.

Go To Course Details

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**Learning Objectives**

1. List the basic concepts of physical handling.
2. List the normal movement components of sitting and standing.
3. Identify ways to analyze postural components.
4. Observe ways to facilitate dynamic sitting, standing, and walking.
5. Observe treatment problem solving and application.
6. Identify the movement components of in bed mobility.
Isabelle M. Bohman, received her B.S. in Physical Therapy from Northwestern University and her M.S. in Physical Therapy from the University of Illinois. She was Assistant Professor of Physical Therapy and acting Director of Physical Therapy at Washington University, St. Louis.

She has extensive experience as a staff therapist as well as supervisory experience in acute care, rehabilitation and long term care facilities. She has in-depth training in therapeutic exercise and is certified in Neuro-Developmental Treatment. She studied and worked extensively with Berta and Karl Bobath and is an NDT Certified Co-ordinator Instructor in Adult Hemiplegia. She is a recipient of the Bobath Award of Excellence from the NDTA for outstanding contributions to the advancement of theory and practice in the Neuro-Developmental Treatment Approach.
The Treatment of Adult Hemiplegia

**Topic Outline**

Handling Skills Manual *(Video Text)*
Movement Components (30 min.)
Movement Lab (53 min.)
Patient Problems (26 min.)
Handling Skills (23 min.)
**Trunk Mobilization** (61 min.)
Increasing Anterior Lumbar Range (9 min.)
Correcting Alignment while Increasing Lumbar Range (5 min.)
Shoulder Girdle Mobilization (49 min.)
Increasing Lateral Range of the Trunk (10 min.)
Increasing Thoracic Extension (3 min.)
Inhibition of the Hand (32 min.)
Movement Over the Base of Support (4 min.)
Facilitating and Upright Trunk from the Side (23 min.)
Facilitating an Upright Trunk from the Front (18 min.)
Facilitating Lateral Flexion from the Side (8 min.)
Facilitating lateral Flexion from the Front (3 min.)
Facilitating Scooting Forward (18 min.)
Facilitating Scooting Backward (26 min.)
Incorporating UE Weight Bearing in Sitting (34 min.)
Facilitating UE Weight Bearing ion a Slanted Surface (11 min.)
Alignment and Treatment Ideas for the Upper Extremity (31 min.)
Facilitating the Involved Leg (27 min.)
Facilitating Sit-Stand & Stand-Sit Activities (53 min.)
Facilitating Standing Activities (33 min.)
Facilitating One-Man Transfer (35 min.)
Facilitating a Gait Sequence (65 min.)
Facilitating Walking (16 min.)
Inhibiting "Pushing" (27 min.)
Facilitating Stair Climbing (34 min.)
Positioning and Bed Mobility (63 min.)
Treatment Demonstrations (65 min.)
Positioning and Bed Mobility; Client Application (25 min.)