

# **Goniometry**

## **About the Speaker**

Michael Saraceno, MS, OTR/L, CHT is Occupational Therapist, Certified Hand Therapist, who specializes in upper extremity Neurologic and Orthopedic rehabilitation for the last 16 years. He is also a Lymphedema Therapist who treats traumatic, venous and lymphedema patients. In addition, to his clinical experience, he is an Associate Professor at Long Island University where he teaches Anatomy, Kinesiology, Orthotics, Orthopedics and Neuro-rehabilitation.

## **Topic Index**

### **Part 1 (62 min.)**

Introduction to Goniometry

### **Part 2 (50 min.)**

Elbow Flexion/Extension

Forearm Supination/Pronation

Wrist Radial/Ulnar Deviation

Wrist Flexion/Extension

MCP Flexion/Extension

### **Part 3 (53 min.)**

MCP Flexion/Extension

MCP Abduction/Adduction

PIP Flexion/Extension

DIP Flexion/Extension

### **Part 4 (60 min.)**

Shoulder Flexion/Extension

Shoulder Internal/External Rotation

Shoulder Horizontal Abduction/Adduction

**Part 5 (85 min.)**

Hip Flexion/Extension

Hip Internal/External Rotation

Hip Abduction/Adduction

Knee Flexion

Foot Plantar/Dorsiflexion

Foot Eversion/Inversion

Metatarsal Flexion

Thoracic and Lumbar Flexion/Extension

Lateral Trunk Flexion

Lateral Neck Flexion

Cervical Rotation

Neck Flexion/Extension

**Total Hours Granted:**

**5 Contact Hours; Equivalent to .5 CEUs; Equivalent to 6.25 PDUs**