#### ADAPTIVE PARALLEL TRACK SKIING

# Teaching Adaptive Alpine Skiing With Parallel Track Technique For Persons With Mild To Moderate Motor Impairments

## **About the Speaker**

**Ann Marie Ducommon, P.T.,** is a certified physiotherapist and NDT Coordinator Instructor. She is also a certified ski instructor for persons with cerebral palsy in Lusanne, Switzerland.

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## **Topic Index**

SK1A Adaptive Parallel Track Skiing Video	25	min
SK1 Adaptive Parallel Track Skiing Text	2. 5 h	ours

**Total Viewing Time (25 min.)** 

Time Granted for Text (2 hours 30 min.)

**Total Hours Granted: # Contact Hours/.3 CEUs**