

# **Facilitation Techniques to Improve Rib Cage Function, Respiration, Phonation, Postural and Oral-Motor Control**

## **About the Speaker**

**Rona Alexander. Ph.D., CCC-SLP** specializes in the assessment and treatment of oral-motor, feeding/swallowing, respiratory-phonatory function in infants and children. She is an NDT Speech Instructor in the 8-week pediatric course and advanced courses. She lectures throughout the United States and has authored a number of articles and is coauthor of the book "Normal Development of Functional Skills: The First Year of Life." She is currently in private practice in Milwaukee, Wisconsin.

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### **Topic Index**

RC4 Rib Cage Mobilization Strategies .....	58 min.
RC5 Facilitating Anterior Chest Wall Expansion .....	37 min.
RC6 Facilitating the Posterior Rib Cage and Elongating the Trunk and Intercostals .....	50 min.
RC8 Treatment Demonstration with Demonstration with a 4 Year Old .....	82 min.

**Total Viewing Time (3 hours 47 min.)**

**Total Time Granted for Exam and Verification Process (15 min.)**

**Total Time Granted: 4 Contact Hours/.4 CEUs**