

About the Speaker

Gavin Hamer, PT, DPT, FAAOMPT, Dip. MT, graduated from Otago School of Physiotherapy in Dunedin, New Zealand. He was awarded the Diploma of Manipulative Therapy and completed his Doctorate of Physical Therapy in 2012 from Des Moines University-Osteopathic Medical Center.

Gavin's experience comes from over 30 years as a clinician in both New Zealand and Canada working in private practice in addition to directing outpatient orthopedic clinics in the United States. This has given him extensive experience with many different patient populations.

Gavin has developed a system of assessment and treatment that is safe and effective and where the clinician's size and strength are less of a factor than some traditional methods, making their implementation more practical. Gavin's approaches range from McKenzie rationale to muscle energy and mobilization. He has written two books on manual therapy.

Gavin has taught over 300 manual therapy courses since 1995 and is continually updating material and techniques. His courses are presented in a manner that is practical, interesting and down-to-earth.

Topic Index

Part 1

Introduction

Conditions of the Elderly

Precautions and Contraindications

Basic Theory and Concepts of Manual Therapy

Total Time Part 1: 46 min.

Part 2

Basic Theory and Concepts of Manual Therapy cont.

Assessment Techniques

Total Time Part 2: 50 min.

Part 3

Assessment Techniques cont.
Cervical Syndrome and Treatment Techniques

Total Time Part 3: 55 min.

Part 4

Etiology of Shoulder Conditions
Assessment Techniques for the Shoulder

Total Time Part 4: 59 Min.

Part 5

Rotator Cuff Treatment Techniques
Mobilization Concepts
Shoulder Treatment Techniques

Total Time Part 5: 50 Min.

Part 6

Shoulder Treatment Techniques cont.

Total Time Part 6: 40 Min.

Part 7

Elbow and Hand Techniques

Total Time Part 7: 43 Min.

Part 8

Elbow and Hand Techniques cont.

Lumbar Spine Techniques

Total Time Part 8: 56 Min.

Part 9

Lumbar Spine Techniques cont.

Hip Techniques

Total Time Part 9: 51 Min.

Part 10

Hip Techniques cont.

Knee Techniques

Ankle Techniques

Total Time Part 10: 65 Min.

Total Time Granted 8.5 Contact Hours/.85 CEUs