

## **Pediatric Seating and Mobility**

### **About the Speakers**

**Jean Anne Zollars, PT, DPT, MA** has been a physical therapist since 1982. She holds a Doctorate in Physical Therapy and a Masters in Rehabilitation Technology. She is NDT certified in pediatrics. She has worked and taught at the Rehabilitation Engineering Center at Stanford Children's Hospital, in Malaysia, El Salvador, Nicaragua, Russia and England. She has lectured at the International and European Seating Symposiums in the United States, Canada and Ireland. Currently, she treats children and adults in her private practice in Albuquerque, integrating visceral, cranial, nerve and tissue manipulation with seating and mobility. She is the author of *Special Seating: An Illustrated Text*. She is currently in private practice.

**Rose Vallejo, PT, ATP**, has been a physical therapist since 1995 specializing in adult neurologic rehabilitation and wheelchair seating and positioning. She is certified in NDT for Adults with Hemiplegia and is APT certified. She was formerly the supervisor on the Neurologic and Adult Brain Injury Units at Rancho Los Amigos National Rehabilitation Center and the Rehabilitation Director at Casa Colina Centers for Rehabilitation. She developed the Wheelchair Seating Clinic at Lovelace Rehabilitation Hospital. Currently, she specializes in wheelchair seating and positioning in her private practice.

### **Topic Index**

#### **Part 1**

Introduction

Benefits of Wheelchairs

Consideration of Child's Needs

Pressure Assessment

Basic measurement Considerations

Position vs. Posture

**Part 1 total time: 55 min.**

#### **Part 2**

Seating Assessment

Physical Assessment

Flexibility Assessment:

**Part 2 Total Time: 46 min.**

**Part 3**

Flexibility Assessment continued

Postural Support

Seating/Mobility Assessment

**Part 3 Total Time: 46 min.**

**Part 4**

Assessment Examples

Seating Assessment Demonstration

**Part 4 Total Time: 61 min.**

**Part 5**

Seating Assessment Demonstration continued

Postural Support Options

**Part 5 Total Time: 70 min.**

**Total Time: 4 hours 38 min**

**Contact Hours Granted: 4.5 /equivalent to .45CEUs/equivalent to 5.625PDUs**