

# **Beyond Weight Bearing: Getting the Hands to Work More Efficiently About The Speaker**

Lezlie Adler, M.A., OTR holds a degree in occupational therapy and an MA in human development and family relations from Wayne State University, Detroit, Michigan. She is certified in Neurodevelopmental Treatment in both pediatrics and baby treatment, and is certified in Sensory Integration Treatment. She has extensive clinical experience in pediatric assessment and treatment including the areas of sensory, physical, learning and emotional challenges. She is nationally recognized for her teaching and clinical work.

## **Topic Index**

### **Part 1**

Introduction

Characteristics of Upper Extremity Function

Frames of Reference

Foundations for Upper Extremity Function

### **Part 2**

Foundations for Upper Extremity Function

Musculoskeletal and Neuromuscular Systems

### **Part 3**

Musculoskeletal and Neuromuscular Systems continued

### **Part 4**

Musculoskeletal and Neuromuscular Systems continued

### **Part 5**

Musculoskeletal and Neuromuscular Systems continued

The Sensory Systems

### **Part 6**

The Sensory Systems continued min.

### **Part 7**

Emphasis on Sensory Systems

Skilled Use of the Elbow, Forearm, Wrist and Hand

### **Part 8**

Skilled Use of the Elbow, Forearm, Wrist and Hand

### **Part 9**

Skilled Use of the Elbow, Forearm, Wrist and Hand

**Part 10**

Skilled Use of the Elbow, Forearm, Wrist and Hand

**Part 11**

Emphasis on Hand Use

**Total Viewing Time (10 hours 25 min.)**

**Total Time for Written Material (95 min.)**

**Total Contact Hours Granted: 12 Hours / 1.2 CEUs**