Focus on the Rib Cage for Improving Respiration, Phonation, Movement, and Postural Control

About The Speaker:

Rona Alexander Ph.D., CCC-SLP, BRS-S, specializes in the assessment and treatment of oral-motor, feeding/swallowing, respiratory-phonatory function in infants and children. She is an NDT Speech Instructor in the 8-week pediatric course and advanced courses. She lectures throughout the United States and abroad. She has authored a number of articles and videos, and is coauthor of the book "Normal Development of Functional Skills: The First Year of Life." She is currently in private practice in Milwaukee, Wisconsin.

Topic Index

Part 1: 51 min.

Significant Anatomical/Kinesiological Characteristics of Typical Rib Cage, Oral-Motor, and Respiratory Musculature Function

Part 2: 20 min.

Significant Anatomical/Kinesiological Characteristics of Typical Rib Cage, Oral-Motor, and Respiratory Musculature Function cont.

Part 3: 52 min.

Significant Anatomical/Kinesiological Characteristics of Typical Rib Cage, Oral-Motor, and Respiratory Musculature Function cont.

Part 4: 33 min.

Significant Anatomical/Kinesiological Characteristics of Typical Rib Cage, Oral-Motor, and Respiratory Musculature Function cont.

Significant Developmental Characteristics of Typical Respiratory Coordination and Function

Part 5: 55 min.

Significant Developmental Characteristics of Typical Respiratory Coordination and Function cont.

Part 6: 56 min.

Significant Developmental Characteristics of Typical Respiratory Coordination and Function cont.

Part 7: 22 min.

Significant Developmental Characteristics of Typical Respiratory Coordination and Function cont. Facilitation/Handling Through the Rib Cage

Part 8: 26 min.

Facilitation/Handling Through the Rib Cage cont.

Part 9: 47 min. The Rib Cage as It Relates to Respiratory Coordination and Function in Children with Cerebral Palsy

Part 10: 45 min. The Rib Cage as It Relates to Respiratory Coordination and Function in Children with Cerebral Palsy cont.

Part 11: 21 min. Strategies for Improved Rib Cage and Respiratory Musculature Activity.

Part 12: 41 min. Facilitation Techniques

Part 13: 66 min. Patient Demonstration/Discussion (Child I)

Part 14: 16 min. Patient Demonstration/Discussion (Child I)

Part 15: 45 min. Facilitation Techniques & Demonstrations

Part 16: 34 min. Facilitation Techniques & Demonstrations cont.

Part 17: 24 min. Facilitation Techniques & Demonstrations cont.

Part 18: 63 min. Patient Demonstration/Discussion (Child II)

Part 19: 43 min. Facilitation Techniques & Demonstrations cont.

Part 20: 56 min. Facilitation Techniques & Demonstrations cont.

Part 21: 26 min. Additional Handing Demonstrations

Part 21: 71 min. Additional Treatment Demonstration

Part 23: 80 min. Additional Treatment Demonstration

Total Time: 16 Hours 33min. Contact Hours Granted 16.5 (1.65 CEUs; 20.63 PDUs)