

Principals of Normal Movement and Facilitation: An NDT Treatment Approach in Pediatrics

About the Speaker

MARIA HUBEN P.T., is certified in Neurodevelopmental Treatment in both pediatric and baby treatment. She has been an Assistant NDT Instructor and has given numerous courses for therapists and teachers nationally. Her experience includes work with young infants for twenty years. She has been an adjunct faculty member at Tuoro College, New York Medical College and Mercy College. She currently has a private practice specializing in Early Intervention Programming and provides services to school districts in Westchester County, New York and developmentally disabled children. She served as the Rehabilitation Coordinator at TOTS Preschool, Bronx, New York.

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Topic Index

Disc 1 (Parts 1 & 2)

Introduction	4 min.
Normal Development	33 min.
General Characteristics of Movement	11 min.
Normal Development	71 min.
Total Time Disc 1 (1 hour 59 min.)	

Disc 2 (Parts 3 & 4)

Facilitation	25 min.
Movement Experience	31 min.
Comparative Development in Supine	11 min.
Facilitation in Supine	17 min.
Comparative Development in Prone	10 min.
Facilitation in Prone	17 min.
Total Time Disc 2 (1 hour 51 min.)	

Disc 3 (Parts 5 & 6)

Treatment Demonstration	27 min.
Developmental Observation of Twins	11 min.
Comparative Development in Sitting	16 min.
Facilitation in Sitting	52 min.
Treatment Needs Observation	10 min.
Total Time Disc 3 (1 hour 56 min.)	

Disc 4 (Parts 7 & 8)

Treatment Demonstration	19 min.
Facilitation in Sitting	6 min.
Comparative Development in Quadruped	5 min.
Facilitation in Quadruped	10 min.
Comparative Development in Kneeling & Standing	7 min.
Facilitation in Kneeling	3 min.
Facilitation in Standing and Walking	12 min.
Setting Treatment Goals	37 min.

Total Time Disc 4 (1 hour 39 min.)

Total Viewing Time 7 hours 25 min.

Time Granted for Handouts and Facilitation Guide 1 hour 35 min.

Total Time 9 Contact Hours / .9 CEUs