

# The Management of the 0-3 Population with Oral-Motor Disorders

## About the Speaker

Merry M. Meek, M.S., CCC-SLP is professor emeritus in speech pathology and public health in pediatrics at the Oregon Health Sciences University in Portland, Oregon. She is an NDT Advanced Speech Instructor and a Fellow of the American Speech & Language Association. She has published numerous articles and chapters in texts, as well as a number of videotapes in the area of assessment and treatment of oral-motor, respiration and feeding disorders. She has lectured throughout the United States, South America, Mexico and Europe.

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### Topic Index

#### Disc 1 (Parts 1 & 2)

The Development of Respiration and Phonation:

Introduction .....	2 Min
The Rib Cage .....	12 Min.
Muscles of Inspiration .....	9 Min.
Muscles of Expiration .....	8 Min.
Development of Abnormal Behavior Control .....	11 Min.
Examples of Respiratory Development .....	42 Min.
Respiratory Regulation .....	6 Min.
Treatment Strategies .....	27 Min.

**Total Time Disc1 (1 hour 57 min.)**

#### Disc 2 (Parts 3 & 4)

Treatment Strategies Continued .....	23 Min.
Oral-Motor Development and Function	
Anatomical Shift of the Jaw .....	11 Min.
Developmental Oral Progression .....	77 Min.
Intro to Oral-Motor Assessment .....	5 Min.

**Total Time Disc 2 (1 hour 56 min.)**

#### Disc 3 (Parts 5 & 6)

Intro to Oral-Motor Assessment Continued .....	12 Min.
Oral-Motor Preparation Techniques .....	38 Min.
Summary of Respiratory and Oral-Motor Function .....	3 Min.
Additional Treatment Examples .....	36 Min.
Assessment- Treatment Demonstrations .....	12 Min.
Feeding Issues .....	19 Min.

**Total Time Disc 3 (2 hours)**

**Disc 4 (Parts 7 & 8)**

Feeding Issues Continued

Maintaining Head and Neck Alignment .....	15 Min.
Assessing Feeding Problems .....	37 Min.
School Assessment .....	7 Min.
Swallow Study .....	7 Min.
Therapeutic Techniques .....	17 Min.
Additional Assessment Examples .....	15 Min.
Additional Treatment Examples .....	12 Min.
Behavioral Considerations .....	7 Min.
<b>Total Time Disc 4 (1 hour 57 min.)</b>	

**Disc 5 ( Parts 9 & 10)**

Tube Feeding Issues Continued .....	9 Min.
Treatment Guidelines .....	17 Min.
Additional Tube Feeding Intervention Strategies .....	19 Min.
Treatment Examples and Discussion .....	26 Min.
Management of Drooling .....	14 Min.
Management of Speech and Articulation .....	13 Min.
Motokinesthetic Approach .....	11 Min.
Motokinesthetic Techniques .....	9 Min.
<b>Total Time Disc 5 (1 hour 58 min.)</b>	

**Disc 6 (Part 11)**

Motokinesthetic Techniques Continued .....	48 Min.
Practical Experience in Chewing .....	7 Min.
Treatment Demonstrations .....	18 Min.
Communication Competency .....	11 Min.
<b>Total Time Disc 6 (1 hour 24 min.)</b>	

**Total Viewing Time 11 hours 12 min.**

**1 contact hour granted for the accompanying manual.**

**12 Total contact hours granted/1.2 CEUs.**